## AV WEEKLY RESOLUTIONS

monthly goal:

| Remember, decide what will make       |
|---------------------------------------|
|                                       |
| you HAPPY A YEAR FROM NOW, and        |
| do something SMILL today towards it.  |
| do something ITIIIL loday lowards it. |
| 0                                     |

| MONDAY                                      | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---------|-----------|----------|--------|
|   |         |           |          |        |
|   |         |           |          |        |
|   |         |           |          |        |
|   |         |           |          |        |
|   |         |           |          |        |
| SATURDAY                                    | notes   |           |          |        |
| <b>№ 4. 4. 4. № 4. 1. 1. 4. 4. 4. 4.</b> 1. |         | noles     |          | SUNDAY |
| SALL OTIMAL                                 |         | noles     |          | SUNDAY |
| SILI OLLEGILI                               |         | noles<br> |          | SUNDAY |
| SALI GILLALI                                |         |           |          | SUNDAY |
| SIL OLLSIL                                  |         |           |          | SUNDAY |
|   |         |           |          | SUNDAY |

A bad week is just that: a bad week & nothing bad is worth carrying forward come Monday.